

Coast Guard Health Records: The Official Guide to Maintaining Your Maritime Medical History

Coast Guard Health Records are a vital part of maintaining your health and well-being while serving in the United States Coast Guard. These records contain important information about your medical history, including your immunizations, physical exams, and any injuries or illnesses you've experienced.

The Coast Guard requires all members to maintain a current Health Record. This record is used to ensure that you are fit for duty and that you are receiving the appropriate medical care.

If you are a member of the Coast Guard, you can obtain a copy of your Health Record by submitting a request to the Medical Readiness Division of the Coast Guard Human Resources Service Center (HRC). You can also request a copy of your Health Record online through the HRC's website.



COAST GUARD HEALTH RECORDS: Timely Acquisition of New System Is Critical to Overcoming Challenges with Paper Process (GAO - DHS) by Peggy Taylor

★★★★☆ 4.7 out of 5

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Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
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If you are not a member of the Coast Guard, you can still obtain a copy of your Health Record by submitting a written request to the National Personnel Records Center (NPRC). The NPRC is located at 111 Winnebago Street, St. Louis, MO 63118.

A Coast Guard Health Record contains the following information:

- **Personal information:** This includes your name, date of birth, social security number, and contact information.
- **Medical history:** This includes your past and present medical conditions, surgeries, and hospitalizations.
- **Immunization history:** This includes a record of all the immunizations you have received.
- **Physical exam results:** This includes the results of your physical exams, including your height, weight, blood pressure, and pulse.
- **Dental exam results:** This includes the results of your dental exams, including any cavities or other dental problems.
- **Eye exam results:** This includes the results of your eye exams, including your vision acuity and any eye problems.
- **Hearing exam results:** This includes the results of your hearing exams, including your hearing acuity and any hearing loss.
- **Mental health exam results:** This includes the results of your mental health exams, including any mental health conditions or disFree

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- **Drug and alcohol screening results:** This includes the results of any drug and alcohol screenings you have undergone.

Coast Guard Health Records are an important part of maintaining your health and well-being while serving in the United States Coast Guard. These records contain important information about your medical history, which can be used to ensure that you are fit for duty and that you are receiving the appropriate medical care.

In addition, Coast Guard Health Records can be used to:

- **Track your progress over time.** Your Health Record can be used to track your health and fitness over time. This can help you identify any areas where you need to improve your health.
- **Provide documentation for insurance purposes.** Your Health Record can be used to provide documentation for insurance purposes, such as when you are applying for health insurance or filing a claim.
- **Help you make informed decisions about your health.** Your Health Record can help you make informed decisions about your health by providing you with information about your medical history and current health status.

It is important to keep your Coast Guard Health Record up to date. You should update your record whenever you:

- **Receive a new immunization.**
- **Have a physical exam.**

- **Are diagnosed with a new medical condition.**
- **Have surgery or other medical procedure.**
- **Take any new medications.**
- **Change your contact information.**

You can update your Health Record online through the HRC's website or by submitting a written request to the Medical Readiness Division of the HRC.

Coast Guard Health Records are an important part of maintaining your health and well-being while serving in the United States Coast Guard. These records contain important information about your medical history, which can be used to ensure that you are fit for duty and that you are receiving the appropriate medical care. It is important to keep your Health Record up to date so that it can be used to provide you with the best possible medical care.

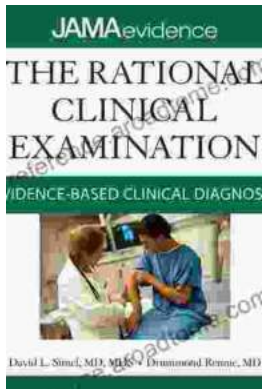


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