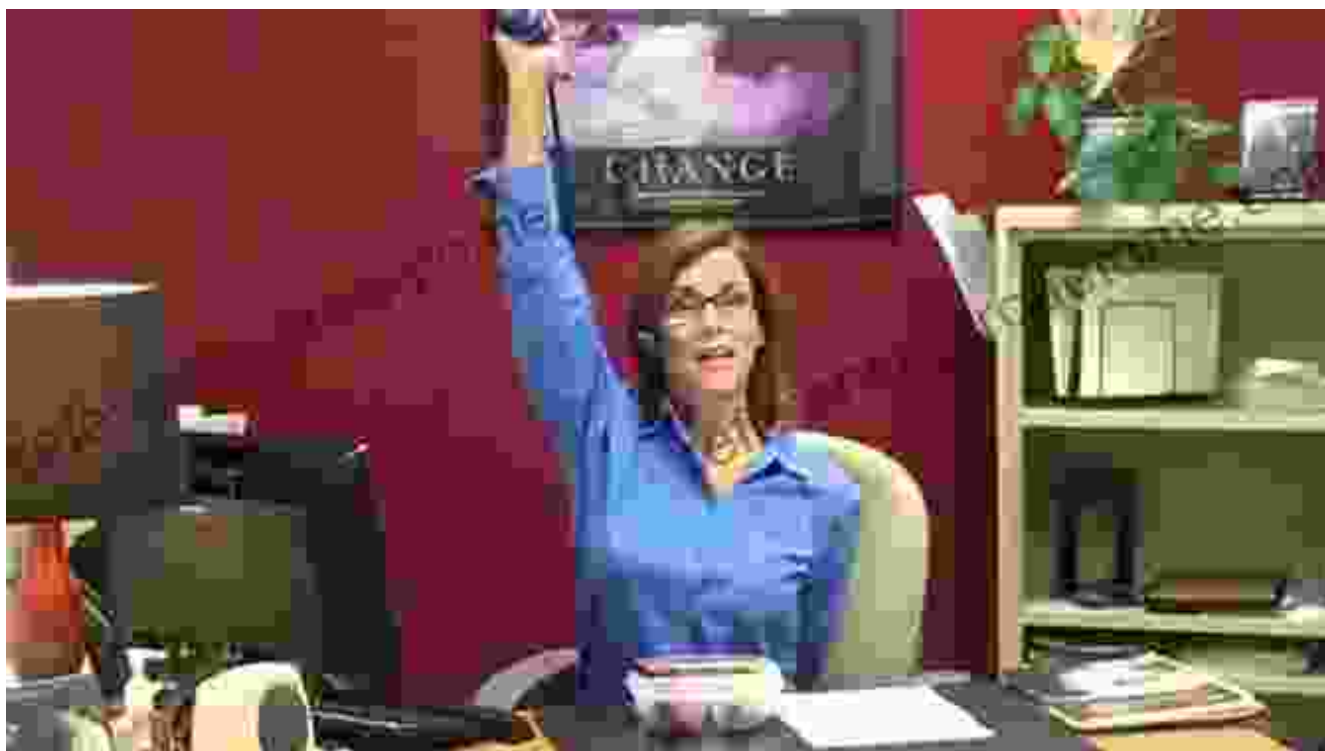


# Lost in Schizophrenia: A First-Hand Account of the Ravages and Recovery from a Devastating Illness



## Lost in Schizophrenia by Barb Bailey

★★★★☆ 4.5 out of 5

Language : English  
File size : 860 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 186 pages  
Lending : Enabled

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In *Lost in Schizophrenia*, Barb Bailey shares her harrowing and ultimately triumphant journey with schizophrenia, a devastating mental illness that can shatter lives.

Bailey's story begins with the onset of her symptoms in her early 20s. She experiences delusions, hallucinations, and disorganized thinking. Her world becomes a terrifying place, filled with shadows and whispers.

Bailey is eventually diagnosed with schizophrenia and prescribed medication. However, the drugs don't help, and her symptoms worsen. She loses her job, her friends, and her family. She becomes homeless and living on the streets.

But even in her darkest moments, Bailey never gives up hope. She believes that she can recover from this illness. She fights to get the help she needs, and eventually, she finds a way to manage her symptoms.

Today, Bailey is living a full and happy life. She is a successful writer and speaker, and she works to help others who are struggling with mental illness.

*Lost in Schizophrenia* is a powerful and inspiring story of hope and recovery. It is a must-read for anyone who has been touched by mental illness.

### **Praise for *Lost in Schizophrenia***

"A brave and unflinching account of the ravages of schizophrenia and the power of the human spirit to triumph over adversity. Bailey's story is a

testament to the hope that recovery is possible, even from the most devastating of illnesses." - **Dr. E. Fuller Torrey, author of *Surviving Schizophrenia***

"A harrowing and ultimately hopeful memoir that shines a light on the darkness of schizophrenia. Bailey's story is a reminder that even in the depths of despair, there is always hope." - ***Kirkus Reviews***

"A powerful and moving story that will stay with you long after you finish reading it. Bailey's courage and resilience are an inspiration to us all." - ***Booklist***

## **About the Author**

Barb Bailey is a writer, speaker, and mental health advocate. She is the author of the memoir *Lost in Schizophrenia* and the co-author of the book *Schizophrenia: A Guide for Families*. Bailey has appeared on numerous television and radio programs, and she has written for The New York Times, The Washington Post, and other publications.

Bailey is a passionate advocate for people with mental illness. She is a member of the National Alliance on Mental Illness (NAMI) and the board of directors of the Schizophrenia & Related Disorders Alliance of America (SARDAA). She is also a volunteer with the National Suicide Prevention Lifeline.

Bailey's mission is to help others who are struggling with mental illness. She believes that by sharing her story, she can help to break down the

stigma surrounding mental illness and inspire others to seek help.

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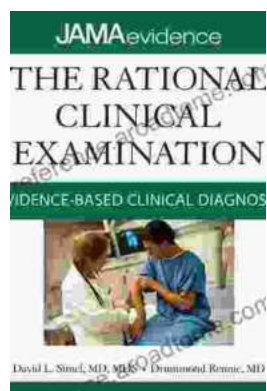
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