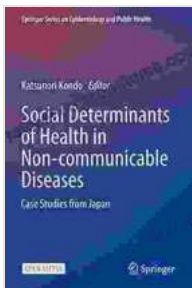


Unveiling the Hidden Impact: Exploring the Social Determinants of Non-Communicable Diseases

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Non-communicable diseases (NCDs) are chronic, long-lasting conditions that dominate the global disease burden. They account for 70% of all deaths worldwide and pose a significant threat to individuals, families, and healthcare systems. While traditional medical approaches focus on individual risk factors and biological mechanisms, a growing body of research highlights the profound influence of social determinants on NCD outcomes.



Social Determinants of Health in Non-communicable Diseases: Case Studies from Japan (Springer Series on Epidemiology and Public Health)

★★★★★ 5 out of 5

Language : English
File size : 11730 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 472 pages



Bridging the Gap: Social Determinants of Health

Social determinants of health are the conditions in which people are born, grow, live, work, and age. These factors shape health outcomes and create health disparities across populations. They encompass a wide range of factors, including:

- Education
- Income and poverty
- Housing and transportation
- Access to healthcare
- Social support and discrimination

Unraveling the Link: NCDs and Social Determinants

Research has consistently demonstrated the strong association between social determinants and the development, progression, and management of NCDs. For instance:

- Low socioeconomic status is linked to higher rates of heart disease, stroke, and diabetes.
- Lack of access to education and healthcare increases the risk of obesity and smoking-related illnesses.
- Poor housing and sanitation conditions contribute to respiratory diseases and infections.
- Social isolation and discrimination can lead to mental health issues and chronic stress, which have detrimental effects on overall health.

Beyond Individual Risk Factors: A Holistic Approach

Understanding the social determinants of NCDs shifts the focus from solely addressing individual risk factors to recognizing the broader societal factors that influence health. This holistic approach acknowledges the complex interplay between biological, behavioral, and social determinants.

"Social Determinants of Health in Non-Communicable Diseases": A Comprehensive Guide

The book "Social Determinants of Health in Non-Communicable Diseases" provides a comprehensive exploration of this vital topic. This groundbreaking work:

- Summarizes the latest research on the social determinants of NCDs
- Examines the biological and social pathways linking these factors to disease
- Discusses policy and program interventions to address social determinants
- Highlights successful case studies and best practices
- Empowers readers with tools and strategies for promoting health equity

Transforming Healthcare and Society

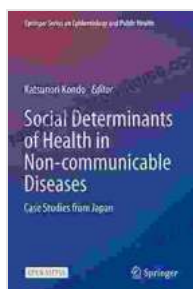
Addressing the social determinants of NCDs is crucial for transforming healthcare and improving population health. This requires a multi-sectoral approach that includes:

- Income and wealth inequality reduction

- Investment in education, affordable housing, and healthcare
- Promoting social inclusion and reducing discrimination
- Empowering communities to advocate for health equity

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Exploring the social determinants of NCDs is a transformative step towards understanding and tackling the root causes of chronic illness. The book "Social Determinants of Health in Non-Communicable Diseases" provides essential insights and practical guidance for researchers, healthcare professionals, policymakers, and all those committed to creating a fairer and healthier society.



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